

## **Vida Lashgari**

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1. Majoring in Journalism and International Politics and minoring in Middle Eastern studies.
2. Bilingual. Fluent in Spanish and from the Bay Area, California.

## **Journalistic Experience**

1. Currently a news staff member for The Daily Collegian.
2. Was a writer for my high school paper *The Phoenix* for a year.
3. Writer for Culture, Identity, and International Impacts beat.

## **WORK EXPERIENCE**

**Lifeguard, Swim Instructor, and Pool Attendant** May 2023 - Present

*City of Mountain View, CA*

- I often work in an environment with children and I am aware of methods to keep them entertained, eager, and learning.
- Provided friendly customer service to guests and addressed concerns.
- Learned and maintained proficiency in first responder skills such as First Aid and CPR to offer individuals in distress optimal support.
- Effectively work as a team to ensure a safe swimming experience for all patrons
- Set up memberships and work in the front desk
- Train once a week to do additional practice for saving patrons if necessary
- Collected and replenished pool towels while monitoring inventory to minimize loss.
- Checked side duty list for opening and closing procedures.
- Observed recreational users to detect safety concerns and prevent ongoing violations.

**Barista and Floor Worker** Aug 2021 - current

Paris Baguette Aug 2021-Jan 2022

- Stood for long hours, lifted heavy loads and maintained a fast pace.
- Assembled products for distribution in a fast-paced environment and met or exceeded daily production goals.
- Trained new workers to properly handle machinery and equipment.
- Packaged pastries and organized display
- Made an assortment of different drinks as a Barista

Panera *current*

- Employed as a barista and cash register while being a full time student
- Adjusted quickly to a new environment

**Personal Tutor** May 2020 - Present

*Self-Employed*

- Planned lessons for allotted time to strengthen weak subjects and build skills.
- Arranged tutoring environment to support optimal learning.
- Taught students remotely using online video chat platforms and other delivery channels.
- Helped students prepare for tests and exams by providing guidance, motivation, and encouragement.
- I tutored kids in need from my block to motivate them to continue to pursue their education and discover their potential.
- Identified student weaknesses to determine most useful tools to facilitate learning.
- Monitored student progress closely and used software resources to organize milestones and compile reports.
- Generated reports and provided feedback to students, supporting personal learning and development.
- Administered and supervised exams to prepare students for more consequential learning evaluations.
- Maintained tutoring records to adjust instruction and update parents on student progress.

## **EDUCATION**

### **High School Diploma**

*Fremont High School*

Aug 2023 - 2027 (Expected)

*Pennsylvania State University, PA*

## **SKILLS**

Compassionate, Bilingual, Problem-solver/ quick thinker, Basic First Aid, Guest Satisfaction, Group and Individual Instruction, Coaching abilities, Workflow Coordination, Farsi Speaker, Spanish Speaker- Fluent

## **LICENSES & CERTIFICATIONS**

### **CPR and AED**

*City of Mountain View*

### **First Aid**

*City of Mountain View*

### **Lifeguard**

*City of Mountain View*

### **Food Handlers**

*Premier Food Safety*

## **HONORS & AWARDS**

### **Red and White Award**

*I was awarded the Red and White Award for my skills in leadership and my advanced skills in World Literature.*

**Student of the Year**      2023

*I graduated as Student of the Year and was awarded a certificate*

### **Fall Semester Dean's List**

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## **VOLUNTEER**

### **NHS**